25 Secondary students, 3 teachers and 1 Principal travelled by plane to Canberra last week.
During the four night stay they visited a range of national cultural institutions and attractions that immersed students in hands-on learning in the areas of civics and citizenship, science, history, geography, culture and art.
The group also had the opportunity to travel to the snowfields and, for most, it was the first time they had ever experienced snow or had a go at skiing.
On Monday, 20th of July, 25 students and 4 teachers from Wagin District High School stepped off the plane into the cold atmosphere of Canberra, ready for an action packed week full of fun and laughter. We walked out of the Canberra Airport to be greeted by our awesome bus driver Steve. Our first destination was Ibis Styles Eagle Hawk, where we stayed for the next 3 days.

Waking up at 6am on Tuesday proved a struggle for some people and the bed hair at breakfast was extraordinary. Our first activity on the agenda was a visit to Old Parliament House where we were greeted by our friendly tour guide who was assigned to show us around. First we went into the old library where we were involved in hands-on activities, including quizzes about the Government. Next we moved into the old senator’s chambers and were involved in a fun role-play. Ms Bickers and Cambell were picked for the role of being speakers at the front of the room while everyone else was given scripts and other roles to present in the role-play. We all piled back onto the bus and travelled to Questacon where we met Mrs Sercombe, who we have all missed very much. In Questacon we visited several interesting rooms full of hands-on activities about science. The biggest highlight was the “excite” room where there was a gigantic slide in the back of the room that some people chose to go on. Next was the Australian War Memorial where we looked around all the rooms full of memoirs and 3D displays. At the end of our visit to the War Memorial we went to the closing ceremony to pay our respects to the brave soldiers who fought for Australia.

On Wednesday our first destination was the Parliament House. Our kind tour guide showed us through the House of Representatives and the senators chambers. The guide informed us about the many ways the government worked and how laws are decided. Next we travelled to the Australian museum, which was full of displays about Australian history.

Thursday morning we were up early and travelling the 3 hours to Jindabyne, stopping at McDonald’s for a delicious breakfast, and renting our ski gear from Rhythm Snow Sports. We loaded up all our hired gear and headed to Perisher where we rode on a train up the mountain. When we arrived we were seperated into smaller groups and allocated instructors, Will, Penny and Shane, and everyone’s first time on skis began. That night we arrived at our second accommodation, The Ibis Snowy Motel where the manager talked to us about his rules and regulations. This was followed by dinner.
On Friday we woke up at five in the morning for an early breakfast, and then headed back up to the snow for the second ski lessons. Half way through the day it started to snow, it was quite pleasant for the first 20 minutes but then it grew quite heavy and later became slightly painful to exposed faces and felt like a sand storm at the beach. Will’s was the first group to go down the steep slopes to the chair lifts followed by Penny and Shane’s combined groups, which proved quite a struggle as many people were running into each other and falling over. Getting off the chair lift wasn’t as easy as people thought, as there was a pile up of students at the end of the ride. At the end of the day we said our farewells to our amazing instructors and our classes split up into two groups with some people choosing to go back to Perisher for the opportunity to shop and others continuing to go down the slopes with Mrs King. Some people in Mrs King’s group found it difficult, as they had to ski up the hill with the T bar behind them and nearly everyone fell down on their first attempt. Mrs King had to return back to the bottom of the T bar to retrieve one of the students who didn’t quite make it up to the top. After all the drama both groups met up at the terminal where we headed back to the bus. When we arrived back at the motel we were surprised by a task that the teachers had set for each dorm. Two groups managed to finish their task of creating and performing a song or rap about our exciting trip to Canberra.

On our final day we travelled back to Cooma to return our ski gear, it was a quiet two-hour trip back to Canberra as most people caught up on some sleep. When we arrived back in Canberra, we visited the Australian National Gallery where we saw lots of famous art. We then took a short bus ride to Reconciliation Place where we went on an hour-long bike ride along Lake Burley Griffin. Following the bike ride, some people headed to the National Portrait Gallery where sculptures, photographs and paintings of famous people were displayed, others chose to stay back and go for a small walk around the lake. We all got back onto the bus and headed to the Canberra Airport and two hours later we boarded our plane home.

The 25 students that went on this trip are so grateful to Mrs King for her amazing efforts in organising the camp and would also like to give a huge thankyou to Mr V, Mrs Harris-Maroney and Ms Bickers for their contribution to an amazing week.

Story written by - Tahnee, Jayde and Kayla

It’s SNOW Time!
Welcome to Term Three, I hope everyone had a relaxing and restful break and that you are all ready for a busy, productive and learning packed term. This term will see our Year 4 students involved in PEAC testing, this will take place on Friday August 7. Our Athletics Carnival will take place on Friday September 11 (weather permitting), with Jumps and Throws taking place on Tuesday September 9. Our Basketball and Netball Country Week teams will be competing in the last week of term. Our APEX Youth Fashion students will participate in our regional heat in Wagin on Friday August 28 and hopefully some of them will continue on to the state heat in Perth on Sunday September 13. We will also hold a social and other fundraising activities for Year 6 camp, have a visit from the RAC and have staff participating in writing and behaviour management professional learning. All of these events ensure our students are given a wide range of experiences and opportunities. Please stay tuned as more information will come out over the term and there will be opportunities for parent and community involvement.

Year 10 Subject Selections
A reminder to all parents of Year 10 students that your enrolment and subject selection forms must be returned to Narrogin Senior High School ASAP. Mrs Abbott and Mrs Harris-Moroney can assist you with completing them. Alternatively NSHS can be contacted on 98819300 if you wish to discuss your options. We have also held an information sessions with NSHS staff during term two and taken Year 10 students on a careers camp to ensure students and families are well informed about options for Year 11 and each student’s educational future.

Report Interviews
If your child’s teachers have indicated they would like to meet with you to discuss your child’s report, please make an appointment with the teachers concerned. We are always keen to work with you to support your child to achieve success and make progress at school.

School Development Day
Please note we will be holding our School Development Day on Monday August 24. Students do not attend school on this day.

Attendance Letters
Are being sent out to families of all students whose attendance was under 90% for weeks 1 to 10 in Term 2. These letters are to inform you of your child’s attendance and to highlight the importance of regular attendance at school. We understand students are often not well and have reasons for their absences, we do not expect sick children to attend school; however, being aware of your child’s attendance rate can help when you are planning time away. We thank all families who notify the school of the reasons for their children’s absences and who have worked with us to increase your child’s attendance. Regular attendance at school is important to your child’s development and progress.

Canberra Camp
We took a delightful group of 25 students to Canberra during the first week of term. We can all be immensely proud of our Wagin kids; they were well mannered, polite, respectful ambassadors for our school and community. I was very proud when the cabin crew on our return flight commented on how well behaved our students were on the flight. Thank you to the parents, family members and friends who helped raise funds and transporting students to and from Perth. Thank you to Mr V, Ms Bickers and Mrs King for making the week enjoyable for everyone and to Mrs Ward for helping with the planning. I would also like to thank Mrs King for organising the camp, she did an excellent job and the week ran very smoothly.

Cass Harris-Moroney
Welcome to term 3!

The students braved the cold weather to return to school for the third time this year to start a new term. The Canberra campers returned this week after enjoying a fabulous week in Canberra and the snow fields. Term 3 will be another busy term with the Athletics and Jumps carnivals, the APEX heats, a sport social, a RAC road safety awareness seminar, and the Country Week Camp already planned.

Last term students and parents received the Formal Semester 1 Reports. The Student Achievement Report reflects your child’s progress to date on key learning outcomes for each subject area. Parent interviews have been requested for some students, and these should be arranged very early in the term to assist students to get off to a good start for Semester 2. If you wish to see a teacher, please contact the school to arrange a suitable time for a meeting.

It is a timely reminder for students to be wearing warm clothes and school jackets as the cold weather will be here for sometime yet. It is not appropriate for students to be wearing coloured jumpers or hoodies displaying branding. There are navy school scarves available for purchase through the uniform shop eliminating the need for brightly coloured scarves.

In a recent KidsMatter publication, there was an interesting article on ‘Sleep and Kids’ Mental Health.’ It articulates that approximately 40% of children have a problem sleeping. It is now well established by experts that excess screen time – the use of TV, computers and mobile devices, can disrupt a child’s sleep. So whilst it is important to ensure that our students are capable users of modern technology, it is also important for their physical and emotional health that a balance between the two is ensured.

Year 11 at Narrogin SHS 2016

The enrolment and subject selection forms for 2016 are due. If you have not made an appointment with me to discuss these please do so ASAP.

Career News

TISC 2018 Admissions Requirements for School Leavers
TISC have released the 2018 admissions requirements for school leavers. Its aim is to help current year 10 students to decide on their senior school courses, so that they meet university admission requirements.
http://www.tisc.edu.au/static/home.tisc

A Day in the Life of a University Student
When: Friday 17 July, 9.30 am – 2pm.
Where: Fremantle Campus
This is a fantastic opportunity for students in Years 10 -12 to find out what it is like to attend university. In particular, it will give students a feel for what it would be like to attend Notre Dame University. This university has a special small community, caring focus, and is nestled in the heart of Fremantle, a suburb with a unique ambience. To register for this event, please go to: http://www.nd.edu.au/events/2015-freo/aditl

WA Aviation College Information Seminars
The Aviation College is offering two seminars
Become a Commercial Pilot, which is being held on Wednesday 8 July, at 7pm.
Learn to fly, which is being held on Saturday 8 August, at 2pm
Both seminars are being held at their premises in Jandakot.
Find out about a career in Aviation, including a general overview of the aviation industry, how to get started in a career in aviation, take a tour the facilities and see aircraft. To register or to find out more see: http://www.becomeapilot.com.au/content/page/learn-to-fly.html
Congratulations to the three students who were awarded Aussie of the Month at the assembly held on Monday, June 29, 2015.

Zach Meredith and Isaac Whiteford were nominated for being fantastic footy coaches to Pre-Primary and Year 1 students, demonstrating how to kick properly, when to release the ball and encouraging them to have-a-go.

Jye Mourits was nominated by his teacher for being a thoughtful and considerate class member who is always happy to help others. His confidence to have-a-go at new challenges has really improved over the past six months as well.

Super Readers
It is wonderful to see many of our students achieving the 75 Night milestone in their Home Reading. Congratulations to the following students who have reached one of the Home Reading milestones: Ruby, Malachai, Selina, Caden W, Ethan B, Tabitha, Riley M, Cole, Kalynda, Ethan, Te Ariki, Zoe, Sarah Q, Millie, Caleb, Danielle B, Tamzin, Ava, Bailey S, Maddison K and Chloe B.
Term Three Diary

WEEK 2
Friday, July 31 - *Bendigo Bank Netball Carnival*
Friday, July 31 - *Movie Night Fundraiser*

WEEK 3
Monday, August 3 - *P&C Meeting 12.30pm*
Monday, August 3 - *Whole School Assembly*

WEEK 4
Wednesday, August 12 - *‘Sports’ Social 5pm-7pm*
Friday, August 14 - *P&C Spicks & Specks evening*

WEEK 5
WEEK 6
Monday, August 24 - *School Development Day*  
(Students DO NOT attend)
Tuesday, August 25-Friday, August 28 - *Book Fair*
Friday, August 28 - *APEX Regional Heats, Wagin*

WEEK 7
Monday, August 31 - *Whole School Assembly*

WEEK 8
Tuesday, September 8 - *Athletics Jumps & Throws*
Friday, September 11 - *Whole School Athletics*
Sunday, September 13 - *APEX State Finals, Perth*

WEEK 9
Monday, September 14 - *Whole School Assembly*

WEEK 10
WEEK 11

**FINAL DAY FOR STUDENTS TERM 3** -  
Friday, September 25

**STUDENTS RETURN TERM 4** -  
Tuesday, October 13

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**Canteen Roster**

Please attend by 9am. Children are not allowed in the canteen, due to insurance requirements. Any queries; ring the canteen on 9861 1348.

Thankyou for your time and support.

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**Whole School Assemblies 2015**

Assemblies are held on Mondays starting at 1.50pm

**Family & Friends Welcome!**

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**Term 3**

Week 3: August 3 - Yr 5M
Week 7: August 31 - Yr 1C
Week 9: September 14 - Kindy G

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Phone: 9861 1877 / Fax 9861 1835  
Email: wagin.dhs@education.wa.edu.au  
Website: www.wagindhs.wa.edu.au
FAMILY
Movie Night

OK now listen Up!
There is a SPORTS SOCIAL
In the Brenda O’Neill Courtyard
On Wednesday August 12th
5pm - 7pm
And you better be there
And you better be wearing your sports clothes
OK?

Year 6 Camp
Fundraiser
Friday, July 31
5pm - 7pm
$10 per person
Includes admission, hotdog, popcorn & drink.
Bottled water & snacks available to purchase.
DRESS: Warm, comfortable clothing - PJ’s are fine!!
BRING: Blankets, pillows or sleeping bags.

Books! Prizes! Novelties!

Coming to Wagin DHS Library on August 25

Entry $5

Yes Sir Coach!!

Snacks for sale

Phone: 9861 1877 / Fax 9861 1835
Email: wagin.dhs@education.wa.edu.au
Website: www.wagindhs.wa.edu.au
Mrs Moffat’s Year 5 class are DESPERATELY SEEKING RECYCLABLE MATERIALS as part of their lesson plan to better understand the process. This week instead of dropping your recycle items in the bin, please bag them up and drop off to the school or send in with students. Your help with this request is greatly appreciated.

**WANTED**
Vinyl records or cassettes, that are no longer needed, for donation to the P&C for this event. Can be dropped off at the school office or contact Nicole on 0429 651 602 for collection.

**TICKET SALES**
Please note you can EFT payment for your tickets:
WDHS P&C Assoc
BSB 086 948
Acc 016759505
Name in description
Then you can simply collect your tickets from the CRC.

Please RSVP by Friday, 7th August for catering to harrington.bros@bigpond.com

**Wagin DHS P&C Assoc Presents the WAGIN SPICY SPECKTACULAR**

A night based on the popular music quiz show which will see two teams of local panel members battle it out through different rounds of music related riddles and games.

**Friday August 14th @ 6:30pm**
Wagin Recreation Centre
Come dressed in your best Musical Attire
Tickets $50

5 course gourmet cocktail menu with surprise dessert
Door Prizes - Full Bar Facilities - DJ
All proceeds towards a Nature Play Area at the school

Contact Melanie English on 0429 426 352 or Mandy Harrington on 0409 572 962 for further information.
MEXICAN MINCE - NACHOS STYLE

Ingredients

- 1 tsp canola oil
- 1 onion, chopped
- 3 cloves garlic, finely chopped
- 250 g beef mince
- 1 medium zucchini, grated
- 2 medium carrots, grated
- 400 g can no-added-salt red kidney beans, drained and rinsed
- 400 g can no-added-salt diced tomatoes
- 1 tbs sweet chilli sauce

Method

1. Heat oil in a large frypan and fry onion, garlic and mince for about 5 minutes, till onions are clear and meat is browned.
2. Add the rest of the ingredients and simmer for 10 minutes with the lid off, stirring occasionally

Serving suggestion:

Use scissors to cut up a tortilla or flat bread into triangle shapes. Cook in the oven (10 minutes at 180° C) or in a sandwich press until golden and crunchy. Top these crispy triangles with a spoonful of Mexican Mince, a sprinkle of reduced-fat cheese and a spoonful of low-fat natural yoghurt. Add spring onions and chilli flakes for extra spice.