



WAGIN DISTRICT HIGH SCHOOL

BEHAVIOUR MANAGEMENT PARENT INFORMATION SESSION

Do you ask yourself: 'What is school doing about behaviour?'

Are you sometimes surprised or find yourself questioning what we do as teachers, deputies, the principal to keep behaviour on track, support all the students and generally make school a pleasant place to be?

We would like to share with you what we have learned about managing our students – your children, while working with Jenny Mackay over the past year.

Do you understand why children misbehave?

We realised how important this is in being effective in managing children's behaviour.

How can you prevent misbehaviour happening again?

We learnt about being proactive rather than reactive

What do you do when they misbehave?

do you ignore what is happening – hoping it will stop
do you react as your parents did?
do you talk about it,
do you apply consequences, punishment?

Do you ever ask yourselves ... what am I teaching by what I am doing or saying?

We learn to become skilled in what we do and say, so children learn to behave better, to get it right and feel good about themselves.

What do you do or say when your child

won't get up / get ready for school
leaves their lunch or books behind
states "You can't make me!" or refuses to do as asked
complains they have no friends
seems unhappy without reason
fights with others
doesn't do their chores, tasks given, or homework
becomes rude, even aggressive or even withdrawn
nags you, demanding what is on TV, what their friends have etc.
begins to use bad language, swear etc.
tells you that you don't understand
tells you their friends parents let them
won't listen to you

.....when

bedtime is an ongoing saga
television is an issue in your house
mealtimes become a battle ground
they come home late
change their habits
refuse to tell you what is happening
close themselves in their rooms
will not comply with household rules or help around the house
tantrum, slam doors, shout at you etc.



Join us for an afternoon session where we focus on our children's (6 – 16) behaviour

the underlying reasons for many misbehaviours
strategies, skills and tips to make parenting easier
discuss behaviour issues that most concern us as parents
and how we can best manage as parents in raising, happy resilient children

Jenny Mackay will be facilitating our afternoon session. She is a behaviour management and discipline skills specialist with a very practical approach to child/adolescent management and has been working with our teachers over the past year. Her focus has been on the acquisition of practical and useful skills to manage children's behaviour and we would like to share with you the insights, strategies and skills that we have acquired so you may also benefit from the work we have been/are doing with your children.

Jenny travels internationally as well as widely in Australia conducting professional development workshops for teachers alongside her long term work in schools – developing a school wide approach to student, behaviour and classroom management. Her book "*Coat of Many Pockets - Managing classroom interactions*," published by ACER, the Australian Council for Education Research, provides a multitude of practical skills, strategies and tips for teachers and is helpful to parents as well.

She has both extensive experience in teaching as well as parent and teacher training – for the management of children/adolescents and their behaviour.

**You are invited to join us in the school library on
Thursday August 18 from 2:00-3:00 p.m.
Tea & Coffee will be provided.**



Tear of the slip below and return to school if you would like to attend

If you wish to attend please RSVP by Tuesday August 16.

I _____ would like to attend the session with Jenny Mackay.

Jenny Mackay BA U.W.A., Grad CE U. Rhod

Behaviour Management Consultant

Jenny is a classroom management and student discipline skills specialist with a very practical and non-didactic approach to interactive skills training. Her focus is on the acquisition of practical and useful skills which engage students, enable a more effective management of behaviour and build collaborative student – teacher relationships. The interactive skills are learned and applied using a framework that guides the teacher in their everyday behaviour management interactions. (In Jenny’s “5–Step” programme, ongoing teacher behaviour support teams perpetuate the learned skills while developing strategies for current behaviours.)

Her extensive teaching experience is throughout K – 12 as well as in tertiary education. She founded her international consultancy BME, Behaviour Management in Education, in 1995 and has established BME consultancies in Australia, the United Kingdom and South Africa. She has taught in Great Britain, Australia, Turkey, Namibia, USA, & South Africa.

Jenny conducts professional learning workshops for teachers throughout Australia as well as internationally. Her book "*Coat of Many Pockets - Managing classroom interactions,*" is published by A.C.E.R., the Australian Council for Education Research. (Available via her website)

Jenny shares her time between her consultancy work in schools and professional teacher training, writing, and sessional teaching in the Department of Education at Deakin University in Melbourne.

