On Friday, 31st July, 2015 the Great Southern Netball Region held its annual Bendigo Community Bank Primary School Netball Carnival in Katanning. Organisers were not sure how numbers would go this year with the loss of the Year 7s to High Schools and the introduction of Year 5s into the event. They were very pleased with the turnout, 18 schools nominated for a total of 43 teams.

Wagin D.H.S took 3 teams, two 5/6 Mixed and one 5/6 Girls team.

The Carnival ran smoothly, even with some bad weather to start, and was a great success. I would like to congratulate the Wagin students who attended and made the day so great.

A big thank you to Michelle Andrews, Sarah Whiteford and Raylene Eckersley for their coaching and supporting roles and to Emelia, Tahnee-Lee and Jayde, who came to umpire and did an amazing job.

Pip Rayner
When the TAGS group went up to Scietch for an AWESOME excursion, we had the most fun of our lives!

We had 1 hour to do activities and 1 ½ hours in the forensic science area. We had to solve a fake crime in pairs. Someone stole a precious, old and ancient urn. We all got bits of evidence and eventually we solved it.

To solve the crime there were stations with evidence. One of the most popular stations was the sand one. You had to get some sand and put it on a tray. There was a sample of evidence and samples of the people that work there or know a lot about the urn. After you've put the sand on the tray, you get a chemical type thing and squirt it in the sand. It will turn a colour and whoever has the same colour as the evidence will be the one you’re looking for. Then we did all the activities.

There were too many activities to tell you about, you will have to go on a trip to Scietch yourself.

Olivia, Amelia and Claire

The TAGS Group Having the SciTech Experience

Last Friday the TAGS group went to SciTech. We experienced 1 hour of free time doing fun, learning activities. Some of them were very interesting; one used two cushions, a cylinder and a long tube. The cylinder was to put messages inside then you put the cylinder in the tube and stand up and sit down heavily so the air will push the cylinder across the tube and drop to the floor allowing the person at the other end to receive the letter.

After 1 hour of free time we did forensic science. We met Carly who introduced us to what we were supposed to do. We read about five mysterious people who were all suspects. We mixed things and tried to match the evidence. We had to use a very interesting tool called the electronic microscope to examine the evidence. Since we had enough time, we learnt about lights. One thing we learnt was, mostly people think that if you mix red, green, blue, magenta, cyan and yellow it would turn brown but that is wrong, it actually turns white.

It was a very worthwhile excursion that involved learning and having fun at the same time.

By Alethia Wong

Wagin 5/6 Crime Investigation

On Friday 24th of July some of Wagin D.H.S Year 5 & 6 students went to Perth to solve a crime. The crime we had to solve took place in the Perth Museum at the Egyptian Exhibition. The exhibit included things such as ancient painting, sculpture, hieroglyphs, pottery and jewellery. During the night an ancient Egyptian urn, that a man named Petro Anton found, was stolen.

To solve the crime we had to compare the evidence. There were five suspects including Petro. After we collected all the information, we had to look through it and think about what makes sense and ask questions like ‘Why is that there?’ And ‘Why does he/she have that? Is it relevant?’

In the end we discovered that Petro had stolen the urn because he was so fond of his find.

By the end of the day we had worked on using scientific technology to compare evidence and solve a crime.

Ashley, Leah and Zahlee
From the Principal

Changing the Bell times for 2016
Last term we tried to modify our school day to shorten lunch by 10 minutes and send students home 10 minutes earlier. This decision has been driven by teaching staff with the ultimate goal to address playground behaviour issues. School Council and P&C were consulted and agreed with the changes. I understand there have been some concerns regarding the amount of play and eating time available especially for our younger students. Please be assured that our students have plenty of time to play and be involved in physical activity during the school day. Primary students participate in fitness, one hour of structured physical education and cluster sport each week. Junior primary students also engage in structured play as part of their learning program and structured gross motor skills activities which very often involve climbing, riding the tricycles etc. Secondary students also participate in structured physical education classes and many of them also select physical education as an option. All of this is in addition to the games students play at recess and lunch and the out of school physical pursuits many students engage in.

The overwhelming majority of our primary classes also have crunch and sip operating in their classroom, which allows students to have their water bottle and a snack either at a designated time or at their own discretion.

Many strategies have been put in place to ensure playground behaviour is acceptable; including using our EMUS, having more staff on duty, having timetabled days when different year groups can use certain parts of the playground, reinforcing our expectations, having lunch club and the library open for students, using secondary sports captains to ensure equipment is ready for use and returned, encouraging secondary students to mentor younger students and teaching acceptable behaviours.

Before a final decision is made and approved by our Director Schools I would like to seek feedback from all families. A survey will come next week seeking feedback on this decision, please take the time to consider our proposal.

Our proposed new bell times will be:

8:50 - 10:50: Period 1 and 2
10:50 - 11:10: Recess
11:10 - 1:10: Period 3 and 4
1:10 - 1:40: Lunch
1:40 - 1:50: Form
1:50 - 3:10: Period 5

Please do not hesitate to share any concerns or questions you have. It would be greatly appreciated questions came through the school administration staff to ensure we are listening to our community and working together. Any one of the admin team can be contacted during school hours on 9861 1877.

Fundraising
Thank you to all the families and community members who have supported our recent fund raising events for Year 6 camp and Country Week. Thanks also to staff members and students who organise these events.

School Development Day
Please note we will be holding our School Development Day on Monday August 24. Students do not attend school on this day.

Cass Harris-Moroney
One of the key strategies to obtaining good marks is consistent and regular study. Those students who leave their homework and test preparations to the last minute will struggle to gain the full benefits from their study efforts. Higher levels of stress reduce the amount of information that can be input into memory and increases the time required to learn materials “off by heart.”

Those students who are interested in reaching their full academic potential, and want to minimise stress and study time, should be consistently dedicating time to revision and homework.

Students are being rewarded with EMUS cards for positive behaviour. These cards are given to students who are engaged, show manners, are understanding or are striving to do their best. The ultimate goal of our school in promoting positive behaviour is to promote the inclusion of all students whilst endeavouring to limit suspensions and time out of the classroom. If students are not in a place of education it is unlikely that they will be learning academic, vocational and life skills that will enable them to make a positive contribution to society.

### Vocational and Career News

**University Open Days**

**Getting the most out of an Open Day**

You can visit a university at any time, just contact the university’s Prospective Students Centre and talk to the staff to arrange a time and date.

**What happens on an Open Day?**

On Open Day you will see the university at its best. Everyone is there – academics, lecturers, current students and information officers. More importantly, you can talk with academics, lecturers and current students about what certain courses are actually like, and what is required to get into them.

**Who should attend an Open Day?**

Anyone who is considering studying at a tertiary level in the next few years should attend.

**Why should you attend an Open Day?**

Apart from the opportunity to obtain course information there are many other reasons why attending an Open Day is a good idea:

- You are going to feel more comfortable arriving at a university or TAFE institute on the first day of classes if you have been there before.
- What is really involved in the course or courses you are interested in?
- If you have to move away from home, where are you going to live?
- Will you be happier studying in a large metropolitan institution or a smaller, perhaps rural institution?

What does the place ‘feel’ like? Is it a bustling environment with lots of activity or a quieter, more relaxed campus set in landscaped grounds?

If you don’t know the answers to any of these questions, then you should attend an Open Day!

**How to make the best of Open Days**

To make your Open Day visits fun and informative, here are some pointers:

- Write down a list of questions you would like to ask about particular courses
- Be there early. Crowds tend to develop as the day progresses
- On arrival, get a map from a central point and ask for directions to the relevant faculties or schools
- Don’t spend the day collecting printed information only. Use the opportunity to speak directly with academics before applications close

Walk around the campus. Have a good look! See what sporting facilities and other services are available.

Here are the remaining Open Day dates for 2015 to put in your diary:

<table>
<thead>
<tr>
<th>University</th>
<th>Campus</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>ECU</td>
<td>Mount Lawley</td>
<td>23 August</td>
<td>10am - 3pm</td>
</tr>
<tr>
<td>Notre Dame</td>
<td>Fremantle</td>
<td>16 August</td>
<td></td>
</tr>
</tbody>
</table>

**Australian Air Force: Anytime, Anywhere, Interactive Film**

This interactive film created by the Royal Australian Air Force allows students to see the air force in action and find out what a typical day in the Air Force is like.

Super Readers
Ronald, Nirvanah, Chloe, Riley, Zane, Hunter, Kaitlyn, Chad, Shawnnese, Sara, Selina, Halle, Yorick, Nathan, Samuel, Ethan, Rory, Vincent, Kalynda, Oscar, Penny, Mitchell, Cole, Caris, Gigi, Guy, Deizel, Chad, Narridy, Isla and Angus. Keep on enjoying reading!!!

Aussie of the Month
Congratulations to Carter English who was awarded Aussie of the Month at the Assembly held on Monday, August 3.

Carter was nominated by his teacher for always striving to do his best. He actively supports his peers in the classroom and also cares for our school environment. Carter is a great role model for others in the class.

Student of the Week
Congratulations to the following students who were nominated by their teachers and received this award in Week 4:

- Year 1C – Kalynda Davidson, Harley Te Hau
- Year 2/3H – Renee Coles, Tabitha Pederick
- Year 2/3P - Brian Turvey, Rory Hamersley, Willey-Errol Kapene
- Year 5M – Jahmol Kapene

EMUS AWARDS
Congratulations to these students who have received Canteen Vouchers for their efforts to “Aim High”

- ENGAGED: Caleb Kellow & Sean Ward
- MANNERS: Sean Ward & Te Ariki Kingi
- UNDERSTANDING: MacKira Williams & Zoe Smith
- STRIVE: Edwina Kilpatrick & Billie-Jo Swayn

Merit Certificates
Congratulations to the following students who received Merit Certificates at the Assembly on Monday, August 3.

- K/PP B – Blaze Furniss, Rayne Kapene
- PP/1 S/B – Lacy Horne, Chloe Kellow
- Year 1C – Taylor Johnson, Kalynda Davidson, Vincent Brummelman.
- Year 2/3H – Bailey Smith, Stacey Garlett, Ryan Johnson
- Year 2/3P - Caleb Kellow, Zoe Smith, Deizel Barlow, Toby Anthony
- Year 3H - Vicky Turvey, Jason Van Shalkwyk
- Year 4M – Ethan Johnson, Holly Elms, Taeshan Williams
- Year 5M – Clare Johnson, Jordan Williams, Bree Neretlis
- Year 6H – Layta Kapene, Kezia Pederick
- Year 8 - Shakira Buck

Phone: 9861 1877 / Fax 9861 1835
Email: wagin.dhs@education.wa.edu.au
Website: www.wagindhs.wa.edu.au
Canteen Roster

Please attend by 9am. Children are not allowed in the canteen, due to insurance requirements. Any queries; ring the canteen on 9861 1348.

Thankyou for your time and support.

Thursday, August 13
Narelle Gibbs

Friday, August 14
Shelley Hamersley

Monday, August 17
Martina Pascoe

Tuesday, August 18
Terri Spooner

Wednesday, August 19
Leanne Storer

Thursday, August 20
Nicole Kirk

Friday, August 21
Cath Painter

Monday, August 24
STUDENT FREE DAY

Tuesday, August 25
Mandy Harrington

Wednesday, August 26
Narrelle Parker

Term Three Diary

WEEK 4
Wednesday, August 12 - ‘Sports’ Social 5pm-7pm
Friday, August 14 - P&C Spicks & Specks evening

WEEK 5

WEEK 6
Monday, August 24 - School Development Day
(Students DO NOT attend)

Tuesday, August 25-Friday, August 28 - Book Fair
Friday, August 28 - APEX Regional Heats, Wagin

WEEK 7
Monday, August 31 - Whole School Assembly

WEEK 8
Tuesday, September 8 - Athletics Jumps & Throws
Tuesday, September 8 - School Council Meeting
Friday, September 11 - Whole School Athletics
Sunday, September 13 - APEX State Finals, Perth

WEEK 9
Monday, September 14 - Whole School Assembly

WEEK 10
Monday, September 21 - Friday, September 25
Country Week Carnival, Perth

FINAL DAY FOR STUDENTS TERM 3 - Friday, September 25

STUDENTS RETURN TERM 4 - Tuesday, October 13

School Photo Day October 21st

School Development Days - Students do not attend
Term 1: Friday, March 6
Term 3: Monday, August 24
Term 4: Monday, October 12

Whole School Assemblies 2015
Assemblies are held on Mondays starting at 1.50pm
Family & Friends Welcome!

Term 3
Week 3: August 3 - Yr 5M
Week 7: August 31 - Yr 1C
Week 9: September 14 - Kindy G
Southern Wheatbelt Primary Health is running “Super Starters” in Wagin in Term 3. The group works with families to help them facilitate their child’s development in preparation for Kindy and the school years beyond. We also work with schools to help promote a strong early relationship between the family and the school and a smooth transition into school life.

The group will run in Wagin at the Wagin District High School Kindy every Tuesday for 4 weeks, commencing on Tuesday 1st of September 2015. All children attending Kindy in 2016 are welcome to attend with their parents. The group will run between 9.00am and 10.30am.

At each session we work with a theme. Children work with their parents and rotate through three activities with speech and language, fine motor and gross motor focus. There are also mat sessions with stories, singing, dancing and discussions. Fruit will be provided for morning tea for the children.

The sessions will be facilitated by a Speech Pathologist, Physiotherapist and Occupational Therapist. Bookings are essential so please contact Primary Health Reception on 98810385 to register your child.

Wagin D.H.S Faction Athletics Carnival

During Sport classes students have been developing their skills and practising for our Term 3 Athletics Carnival. The Carnival will be held on the school oval in Week 8, Friday September 11, all of the Jumps and Throws will be held the Tuesday of that week, September 8.

As you are aware these events require parents to volunteer their time to help on both days, I will be sending a note home in the coming weeks asking for helpers. Thank you in advance to those who are able to come along and assist, you help is valued by staff and students.

Everyone is welcome to come along, be part of the cheer squad and support your children on Carnival day.

Miss Rayner
Nature play is all about unstructured outdoor play. Research indicates that there are overwhelming benefits for children when they are able to have free play in a natural environment. Children experience risk taking, problem solving, learn how to cope with life, learn how to face challenges, develop a sense of belonging and can begin to understand the world around them. A natural environment contributes to children’s overall physical health and emotional wellbeing.

THE P&C NEED YOUR HELP

Friday August 14th 6:30pm
Wagin Recreation Centre

Come dressed in your Best Musical Attire

Tickets $50
5 course gourmet cocktail menu with surprise dessert
Door Prizes - Full Bar Facilities – DJ

All proceeds towards a Nature Play Area at the school

Contact Melanie English on 0429426352 or
Mandy Harrington on 0409572962 for further information

TICKET SALES
Please note you can EFT payment for your tickets:
WDHS P&C Assoc. BSB 086 948. Acc 016795908. Name in Description
Then you can simply collect your tickets from the CRC.
Please RSVP by Friday, 7th August for catering to: harrington.bros@bigpond.com

Phone: 9861 1877 / Fax 9861 1835
Email: wagin.dhs@education.wa.edu.au
Website: www.wagindhs.wa.edu.au
Nutrition and breastfeeding

Having a new baby is an exciting but busy time! Mums must remember to look after themselves as well as their babies. Did you know that what you eat can affect your milk supply when breastfeeding? In fact, it can affect not only how much milk you are producing but also the quality of it too. Try to remember to eat a wide variety of foods from the five food groups, limit your intake of processed foods and foods high in added sugar and fat, and drink plenty of water.

Mums that are breastfeeding should be eating more than they were when pregnant. In most cases all you need to do is add an extra snack to your day. Try one of these healthy snacks to get you started:

- Yoghurt
- Fruit toast
- Fruit – fresh, tinned in natural juice, dried
- Nuts
- Home-made fruit smoothies

Vegetables sticks or crackers with salsa, hummus, cottage cheese, or tzatziki dip

Plan ahead so there are always healthy meals and snack choices in the house and always keep a water bottle with you throughout the day- you need to drink about 9 cups of water a day while you are breastfeeding.

New and expecting mums can now access a range of excellent resources to assist them with knowing what to eat while they are breastfeeding. To gain a copy of the resources, contact your child health nurse or phone your local Primary Health Service on 9881 0385.