Secondary students and staff attended the Wagin Remembrance Day service at the Wagin Memorial. Dana Stephens laid a wreath on behalf of our school. The members of the student council and William Toms marched in the parade with members of the Wagin RSL, ex-service men and members of the Patriots Australia Motorcycle club. Patriots Australia is a Military Motorcycle Club for serving, former regular and reserve members of the Australian, Commonwealth and Allied Defence Forces. Other students attended a service at the school to observe one minute's silence at 11 am to remember those who died or suffered for Australia's cause in all wars and armed conflicts.
From the Principal

BEHAVIOUR
Recently I have had a few queries about how behaviour issues are dealt with at school. There are many strategies we use to encourage and support positive behaviour, they include:

- Our whole school Behaviour Management policy
- Using Positive Behaviour Support across the school- this involves our EMUS card draw at whole school assemblies
- Being positive role models
- Using our School Chaplain’s
- Using our Aboriginal Island Education Officer
- Working with individual students
- Working with families
- Involving our School Psychologist
- Involving the Child and Adolescent Mental Health Team
- Involving Strong Families
- Working with the Department for Child Protection and Family Support

There is often a misconception that the youth of today are poorly behaved. This is not the case at Wagin DHS, 5% of our student population have been suspended during 2014. Our aim is to work with families to teach students appropriate behaviours. When a child is unable to read or write or add up we teach them; this same approach needs to done with behaviour. Children will not learn how to behave appropriately by being told to sit down and think about it, they need explicit guidance. Your support at home with encouraging positive behaviours is greatly appreciated.

YR 6 PARENTS
Mrs Abbott and I will hold an information session for Yr 6 parents in Room 2 on Tuesday November 25 at 3:40p.m. The aim of this is to explain how Yr 7 will run next year and the expectations for you and your child. If you are a Yr 6 parent and can attend we would greatly appreciate it.

YR 8 and 9 PARENTS
Mrs Abbott and I will run an information session in the Library on Tuesday November 25 at 12:25 p.m. The aim of this session is to explain how Yr 9 and 10 will run next year. If you are a Yr 8 or 9 parent and can attend we would greatly appreciate it.

SLEEP
At this busy time of the year many of our children and young people are complaining of being tired. We all know how a disrupted night’s sleep can affect our mood and concentration as adults; these same issues happen when children don’t get enough sleep. Tired children become irritable, are unable to concentrate and often find themselves in trouble. As a guide most children 6-12 years old need 10 to 12 hours sleep every night. Young people aged between 12 and 18 require between 9 and 11 hours sleep.

Screen time such as TV, using mobile phones or computers in the evening, Getting out of or not having a bedtime routine and eating or drinking sugar before bed all affect sleep quality. It would be great if families supported children and young people so they are getting enough sleep to be successful at school.

Cass Harris-Moroney
SCHOOL SURVEY
As part of Education Services Australia’s requirements, our school is required to survey parents, students and staff every 2 years. Your feedback is important and will assist us in making improvements for the future. Your survey responses are anonymous, please follow this link to complete an electronic survey. Our 2014 parent survey closes on November 19th.
http://www.schoolsurvey.edu.au/s/YDR97gsx

If you prefer a paper version, please ask at the front office. Paper survey responses are also anonymous.

Secondary News

Our secondary students represented our school admirably at yesterday’s Remembrance Day service at the Wagin Memorial. Our student councillors marched with the procession and the other students payed their respects attending the service conducted by Mr Greg Brockway.

The school was a buzz with Health Education last Monday where the whole school was involved in rotations learning about drug and alcohol education. The day was attended by many specialist agencies that know the importance of early intervention education.

The secondary Netball girls hosted Warwick Senior High School for a few games of Netball last week. The competition between the teams was fierce and Wagin only went down by the slightest of margins. The Warwick Netballers form part of their schools specialist squad so our girls held their own and competed with sportsmanship and competitiveness. Thanks to Mrs Sercombe for organising this opportunity.

At Wagin we are continually providing the breadth and depth of opportunities for our students of all ages to step outside their comfort zones and to test the boundaries of their capabilities. This may simply be by presenting at an assembly, presenting a persuasive argument to the class, trying out a new skill at camp, mastering a new concept and teaching this to a fellow student or as in a recent scenario, students conducting tours of our school for Leadership WA professionals. By creating the environment conducive to empowering Wagin students they gain confidence by “doing”; by collaborating, creating and presenting or performing. Over the course of the year we have put in place a series of significant programs and supports across the Secondary School to develop confidence building and resiliency in our students.

VOCATIONAL AND CAREER INFORMATION:

International Junior Authors Poetry Contest
Contest closes Monday 15th December.
This is a free poetry competition open to ages 9 to 21, with separate age categories.
Entrants are required to submit a poem, not more than 50 lines in length which must be in English.
http://laurathomascommunications.com/junior-authors-poetry-contest/


Continued over ..........
Career Hunter App
There is a smartphone app available on iPhones and iPads to help young people plan career paths and find job opportunities. The app provides up-to-date information allowing young people to make tangible links from school to the world of work and highlights the industries where skills are most needed.

Macquarie University: Six Tips for Getting the Most out of Your Study Time
http://mq.edu.au/study/undergraduate/
future_students_facebook/6_tips_to_get_the_most_out_of_your_study_time

UniOptions
UniOptions provides advice on the many pathways to university. The website aims to help students enter the university course of their choice and find out about the different options available to them.
http://www.unioptions.com/

Australian College of Beauty Therapy: Open Day & Information Evenings
ACBT is based in Perth and provides education in beauty therapy, make-up artistry and salon management. Register now to attend an Information Evening and/or Open Day by emailing enquires@acbt.com.au
acbt.com.au

WA Police Academy
Wednesday 10th December, 6pm - 9pm @ WA Police Academy, Joondalup
Session includes a presentation from police recruiting about entry pathways followed by an opportunity to speak informally with presenters. Registration is essential.
T: (08) 9301 9607 or E: Police.recruiting@police.wa.gov.au Click here for more information

School Holiday Science Workshops
If you are interested in any of the following:
Engineering
Sport and Health Science
Medical Science
Environmental Science
Social Science
E CU, Curtin and UWA in conjunction with ConocoPhillips are running school holiday workshops, for more information visit, www.scienceexperience.com.au.

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<tr>
<th>Universities &amp; Tertiary Institutions</th>
<th>Program Dates</th>
<th>Best Apply Before</th>
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<tbody>
<tr>
<td>Curtin University Perth focused on Year 9 Students</td>
<td>11,12,15,16 December 2014</td>
<td>8 December 2014</td>
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<tr>
<td>University of Western Australia Perth</td>
<td>20-22 January 2015</td>
<td>4 January 2015</td>
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<tr>
<td>Edith Cowan University Joondalup</td>
<td>20-23 January 2015</td>
<td>5 January 2015</td>
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Jo Abbott
PRIMARY NEWS

Farewell
Linda West has decided to leave her position as School Health Nurse at Wagin District High School after about 15 years. We will miss her weekly visits here at school but we are sure that she will enjoy the extra time she has available to dote on her grandchildren. Thank you Linda for the care and assistance you have provided to our students and their families.

Pia Lambert will be our new School Health Nurse and will be at the school on Wednesdays.

Super Readers
It is wonderful to see so many students continuing to read regularly at home. Many have read over 100 nights so far this year. This fortnight’s Super Readers are: Kiara, Jared, Lionel, Ella, Ruby, Ryan, Alex, Mitchell, Joshua, Oscar, Luke, Katrina, Ethan, Taylor, Lucas, Terence, Raymond, Maddison, Issaiah, William, Jaemeson, Ethan and Edwina.

As 2014 marks the beginning of the centenary of World War One, students in Pre-primary and Year 1/2 have read books, newspaper articles and had many discussions with their families to learn a little more about the significance of Remembrance Day. Students were recorded saying the names and ages of men from the Wagin District who died during the Great War and this was played during the Remembrance Assembly while students laid a poppy for each man.

We have been overwhelmed by the stories students have brought to school each day of their great grandparents and grandparents’ grandparents who were service men and women, some losing their lives, others returning home. These discussions have made the learning so much more meaningful and relevant to our students and highlight the value of home and school being partners in student learning.

Katie Ahrens and Bridgit Gannaway

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Katie Ahrens and Bridgit Gannaway

“On Tuesday the 11th of November 2014 it was Remembrance Day. Our 1/2 Class with Mrs Gannaway’s Pre-primary Class lead the primary Remembrance Day Assembly. Four students read into the microphone, they were Oliver, Halle, Carter and myself. Both classes went up in groups of three, each holding a red poppy to place in the foam. There was a green sheet placed over the foam to make it look like grass and a field of poppies. I felt like crying because it was so sad that soldiers died trying to save our country.”

By Hayley Wilson
HELP WANTED

If you have a spare hour in your busy day and would like to help - the school has recently received sets of class reading books that require covering.

With many hands making light work, we are hoping to get them all covered by the end of next week.

Students in all Primary classes will benefit greatly from these new resources and your help to get them in use as soon as possible would be greatly appreciated.

P&C - AGM
Monday 1st Dec
1pm Library
All welcome!

Market Day

The year 7’s are having a stall at the Wagin CRC Markets next Saturday, 15th November, as a fundraiser for camp. The wonderful Year 7 families and Wagin DHS staff are baking and making. There will be cakes, slices, muffins, relish, chutney, sauce, biscuits and loads more. We also have a raffle going for a footy signed by Heath Black. Please come down and support the fundraising efforts for our Year 7’s
For people donating produce, please drop off at the school by 4pm next Friday or at the town hall by 8am Saturday morning. Your donations are greatly appreciated!
Merit Certificates

Congratulations to the following students who received Merit Certificates at the Assembly on November 9.

PP/1H: Mikaylah & Toby
Year 1/2A: Logan & Diane
Year 2H: Ryan & Claire
Year 2/3P: Lucas, Deizel, Sasha & Ebony
Year 3M: Ella & Issaiah
Year 5/6Hogg: Kennedy
Year 5/6Hall: Kayden & Jared
Phys-Ed: The Year 8 class

On Monday, November 9, the Early Childhood Centre hosted the Whole School Assembly and performed ‘Boom Chicka Boom’ to the delight of the large gathering of students, staff and families. The students looked amazing in their dress-ups and sang beautifully - a very well-rehearsed performance.

All welcome to the 2014, Music Students’ end of year concert on Thursday, November 27. The concert, which will be held in the Brenda O’Neill Courtyard from 6pm, is a wonderful evening of entertainment and an opportunity for our music students to showcase their talents. Please come along and support them.

FAMILY & FRIENDS Music Concert
Canteen Roster

Please attend by 9am. Children are not allowed in the canteen, due to insurance requirements. Any queries; ring the canteen on 9861 1348.

Thankyou for your time and support.

Thursday, November 13
Wendy Abbott

Friday, November 14
Jane Kilpatrick

Monday, November 17
Anita Hamersley

Tuesday, November 18
Kate Becker

Wednesday, November 19
Narrelle Parker

Thursday, November 20
Sarah Whiteford

Friday, November 21
Anette Quartermaine

Monday, November 24
Carolyn Tulley

Tuesday, November 25
Sonia Nalder

Wednesday, November 26
Ali Watt

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Term Four Diary

WEEK 5
Thursday, November 13 - School Council Meeting, 3.30pm

WEEK 6
17/11/14 - 21/11/14: Year 6 Camp, Hillarys
Wednesday, Nov 19 - Year 2H&2/3P - excursion to Historical Village
Wednesday, Nov 19 - Incursion Fine Edge Theatre PP-Yr5

WEEK 7
Wednesday, November 26 - NAIDOC celebration
Thursday, November 27 - Family & Friends Music Concert
Brenda O’Neill Courtyard 6pm start

WEEK 8
Tuesday, December 2 - Senior Citizens’ Christmas Dinner
Thursday, December 4 - School Social

WEEK 9
8/12/14 - 11/12/14: Year 7 Camp, Bickley
Friday, December 12 - Year 7 Celebration Dinner

WEEK 10
Tuesday, December 16 - Presentation Day, Town Hall

FINAL DAY FOR STUDENTS TERM 4 - Thursday, December 18

STUDENTS RETURN 2015 - Monday, February 2

P&C AGM
Monday 1st December
1pm Library

Phone: 9861 1877 / Fax 9861 1835
Email: wagin.dhs@education.wa.edu.au
Website: www.wagindhs.wa.edu.au
Narrogin Tennis Club
Junior Tennis Tournament
Saturday, December 6th
8.30am Registrations with tournament commencing at 9.00am
Nominations must be received prior to Wednesday, December 3.
Enquiries and Nominations to Jane Dyke
Tel: 9881 2277
Email: mjldyke@westnet.com.au

Wagin Junior Country Week Cricket
is holding a fundraising Quiz Night
Friday November 21
At the Wagin District Club
Commencing at 7.30pm
Cost: $10 per person - Tables of 8
BYO Nibbles
To book a table, contact B.A. on 0427 081 265

Live Lighter for families
Being a parent is a difficult job, and sometimes looking after children gets in the way of caring for ourselves. However, being healthy and having enough energy is important to be able to take care of our children. We as parents are also the biggest role models for our children. When we choose nutritious foods and water over processed foods and sugary drinks, our children accept this as normal and also learn to make healthy choices. But it is not always easy. Take some time to investigate free healthy eating tips, tools and resources to get you and your family back on track and put your health first.

For more information contact the Healthy School’s Officer at the WA Country Health Service Wheatbelt Public Health Unit on 9622 4320 or wheatbelt.phu@health.wa.gov.au

What’s in a treat?
What does a ‘treat’ mean to you?
We often give our children treats as a reward, to show them that we love them, or manage their behavior in other ways. You may find that these foods are becoming a daily snack – a normal item in your child’s diet, not a treat food anymore. Treats are often explained as ‘unhealthy foods that shouldn’t be eaten all the time’. Treats are commonly high in salt, sugar or fat. They are high in energy (kilojoules), but are not very nutritious.
When treats replace nutritious foods, our kids miss out on important nutrients to help them grow, develop and learn. Children need nutritious snacks so food related treats should not be offered more than once a month.
Can you treat your children in other ways? Treats that are non-food related can reward children without impacting their health.
Some ideas to try with your family to replace unhealthy food treats:
   - A balloon, sticker or small toy
   - A lunchbox note with a joke or a sweet message
   - A trip to the park, the town library, or other family outing
   - Some healthy snacks (frozen berries, grapes, strawberries)
If you have examples of how your family uses non-food ‘treats’ please email them to wheatbelt.phu@health.wa.gov.au. It is always great to have more ideas to share with families.

Wheatbelt Public Health Unit are evaluating the ‘Go Health’ Newsletter articles to see what the reach and feedback is across the Wheatbelt.
This survey is designed to be completed by parents, Ctrl click: https://www.surveymonkey.com/s/GoHealthWB