



Newsletter

Issue 3 March 8, 2017



Term 1 Diary

WEEK 6

Friday, March 10
*Woolorama School
Development Day*



WEEK 7

Monday, March 13
**WHOLE SCHOOL
ASSEMBLY**
*School Councillors
announced*



2017 Faction Swimming Carnival

Friday, March 17
*Interschool Swimming
Carnival*



WEEK 8
Thursday, March 23
Hawaiian Bike Ride

WEEK 10
Monday, April 3
**WHOLE SCHOOL
ASSEMBLY**

Friday, April 7
Final Day, Term 1



WAGIN DISTRICT HIGH SCHOOL
10 Ranford Street Wagin WA 6315

Principal: Mrs Cassandra Harris-Moroney
Primary Deputy: Mrs Robyn Willey
Secondary Deputy: Mrs Jolene Abbott
Manager Corporate Services: Mrs Ann Ward

Phone: 9861 1877 / Fax 9861 1835
Email: wagin.dhs@education.wa.edu.au
Website: www.wagindhs.wa.edu.au
Canteen: 9861 1348

BANK DETAILS TO PAY FEES

You may prefer to pay school accounts through Direct Debit.
The school bank account details are as follows:

Account Name: Wagin District High School
BSB Number: 036 153
Account Number: 139315
(Westpac - Katanning)

Please ensure that the student's name is used as
the reference for all Direct Deposits

A wonderful & Successful Faction Swimming Carnival

Thank you to all the parents and community members who helped out on the day, we couldn't have done it without you; also to all our wonderful staff who did a fabulous job and all the faction captains and student counsellors who helped out throughout the day. Congratulations to all of our amazing students who participated in events throughout the day and tried their absolute best.

Claire Bennison



Swimming Carnival 2017 Individual Championship Results



	CHAMPION	FACTION	RUNNER UP	FACTION
9 Yr Old Girl	Kalynda Davidson	Cancanning	Halle Painter	Norring
9 Yr Old Boy	Mitchell Storer	Puntapin	Jax Moffatt	Cancanning
10 Yr Old Girl	Narridy Edwards	Cancanning	Claire Spooner	Norring
10 Yr Old Boy	Guy Thomson	Norring	Jack Holt	Puntapin
11 Yr Old Girl	Edwina Kilpatrick	Norring	Zoe Smith	Norring
11 Yr Old Boy	Deizel Barlow	Cancanning	Zac Tulley	Cancanning
12 Yr Old Girl	Marli Spooner	Puntapin	Louisa Pascoe	Cancanning
12 Yr Old Boy	Jordan Williams	Cancanning	Marcus Andrews	Cancanning
13 Yr Old Girl	Abby Nottle	Norring	Louise Quartermaine	Norring
13 Yr Old Boy	Lachlan Tulley	Cancanning	Ethan Gell	Norring
14 Yr Old Girl	Kynan Spencer	Puntapin	Marcus Nalder	Cancanning
14 Yr Old Boy	Jamie Spooner	Puntapin	Takayla Pense	Puntapin
15+ Yr Old Girl	Kolbi Edwards	Cancanning	Belinda Baker	Puntapin
15+ Yr Old Boy	Blake Nalder	Cancanning	Sebastiano Mangalavite	Puntapin

Champion Faction *Points*

1st Puntapin 824

2nd Cancanning 819

3rd Norring 695



From the Principal

SWIMMING CARNIVAL

Thank you to Ms Bennison and Mrs Gillespie for the effort and time you put into ensuring our Swimming Carnival ran smoothly. It was wonderful that so many parents, grandparents and family members attended to support our school and students. As with all of these events we could not run them without the support, time and commitment of parent and community volunteers, we are extremely grateful for any assistance provided on the day.

I would also like to make special mention of the support and resources the Wagin Swim Club provides to ensure our carnival is a professionally run, smooth event. We greatly appreciate the advice, time, effort the swim club members offer.

A special congratulation to Narridy Edwards, Guy Thomson and Rico Roberts for breaking and/or setting new records.

WOOLORAMA

A reminder that Friday March 10th is a School Development Day for Wagin District High School. This is a great opportunity for families to attend Woolorama to have a look at our informative school display.

Also take note of how many of our students exhibit their work independently from school, many of our young people will be showcasing their amazing talents.

STUDENT LEADERSHIP

Our student leadership group, comprising students from Years 5 to 10, attended a three day camp at Camp Kulin last week. This was a challenging, interactive, skill building opportunity for these students. They will put their new skills and understandings to good use throughout the year as they continue to ensure Wagin District High School is providing an empowering environment for life-long learning. I look forward to working with these students throughout the year; they have already approached me with ideas for improving our school.

NATURE PLAY

If you have not noticed our growing Nature Play area outside the cluster classrooms you must come and have a look. We have been very lucky to have a dedicated group of parents giving their time to organise and construct this space. Our students are loving their new play area and are busily using it during recess and lunch breaks.

INTERSCHOOL SWIMMING CARNIVAL

Good luck to our 2017 Interschool Swimming Carnival students next Friday March 17 in Kojonup.

Cass Harris-Moroney

Looking for employment?

All vacancies within the Department of Education are now advertised online through the below link:

<http://www.jobs.wa.gov.au/>

Secondary News

This fortnight has been a busy one in the high school. The faction swimming carnival was held last Wednesday with great success. Many thanks to Ms Claire Bennison and her team of helpers for a wonderful day. The carnival ran smoothly with the help of many parent volunteers and student helpers, thank you all for your assistance. Congratulations to Puntapin for the outright win.

The leadership camp at highly awarded Camp Kulin was a success. The students had a fantastic time learning a range of team building and leaderships skills amongst having fun playing games such as Quidditch. Thank you to Mrs Willey and Mrs Pilkington for supervising the camp.

Last week the high school students participated in a seminar presented by Black Dog. This information session was designed to increase awareness around common mental health issues young people face, focusing on depression and anxiety. The session was aimed at young people to help them understand more about mental health and mental illness and empower participants with the confidence to seek help if they are struggling with mental health issues.

All students have been busy preparing items for the Wagin Woolorama. Students will display the items they have been working on for the school display and cookery sections. Student work will be displayed in the Eric Farrow Pavilion.

The next three weeks sees selective year 10 students sit the Western Australian Certificate of Education Online Literacy and Numeracy Assessment. These students will sit this round of OLN and if necessary the round in September. For more information visit the following website or contact the school. <https://assess.scsa.wa.edu.au>

We are more than half way through term 1. If you have any concerns or questions about your child's progress please contact the school to arrange a suitable meeting time to discuss such issues. All secondary teachers will make time to discuss any concerns you have and clarify any issues that have arisen. The progress of each student is a priority.

Career Development News

UWA YR10 and 11 Course Information Evening

Wednesday, 22 March, 5.30pm – 7pm

The YR10 and 11 Course Information Evening will have an informative presentation for parents and students, specifically on UWA courses and admission requirements, advice on subject selection, fee information and the UWA student experience. All UWA faculties will be present so that families will also have the opportunity to speak directly to specific course advisers. Light refreshments are provided. Bookings are essential, students can register here: www.studyat.uwa.edu.au/events.

Jolene Abbott

Secondary Assistance Scheme

YOU MAY BE ELIGIBLE FOR
UP TO: **\$350**
towards school expenses

DO YOU HOLD A: CENTRELINK FAMILY
HEALTHCARE CARD; CENTRELINK PENSIONER
CARD; VETERANS' AFFAIRS PENSIONER CARD?

Applications Close **Friday 7th April 2017**. More information is available from the front office.

Primary News

Super Readers

Our first super readers for 2017 are Gabby Bickers and Lara Painter. Home reading is a time to practice and consolidate skills learnt in reading at school. It is important that Home Reading is a fun time where student's enjoyment of reading is developed.

Leadership Camp

Camp Kulin was a great venue for our Student Council leadership camp. Our student councilors spent three days involved in activities that were challenging – teaching patience, persistence, perseverance and the importance of working together as a team. It was a privilege to have been asked to go on camp. Our student leaders are amazing and have the potential to become great leaders in our school.

Early Arrivals

The official starting time for school is 8:50 am. Children are not permitted to be at school before 8.30 am - unless special arrangements have been made – i.e. departure for a school activity. Parents are requested to adhere closely to these times as the supervision and safety of students cannot be guaranteed before this time. Primary classrooms are open at 8:30am, if students arrive earlier than 8:30am they may be asked to sit in the undercover area until classrooms open.

Help kids change their perspective when things go wrong

By Michael Grose

Parents can help catastrophisers learn to change their perspective when things go wrong.

If your child is a serial catastrophiser, always seeing the worst case in a negative situation, try to change their thinking so they learn to keep things in perspective. Ask them the following questions to challenge your child's catastrophic thinking:

‘What’s the most likely scenario?’ Sometimes it’s useful to introduce a dose of old-fashioned rational thinking for those kids who always assume the worst will happen to them. ‘Yep, you could break your leg if you go skiing. But the odds are that you won’t.’

‘You may be right, but does it really matter?’ One way to help hard-core catastrophisers is to admit that they could be right, but then ask them to imagine that the worst possible scenario actually happens. Then challenge them to understand that even the worst possible scenario is not so bad after all. This is the type of reality check many kids need.

‘Where does this fit on the disaster meter?’ Catastrophisers tie themselves in a knot about relatively insignificant things. Okay, making a fool out of themselves when they give a talk at school may not be insignificant to kids, but there are plenty of worse things that could happen. Help them get some perspective by giving their worry a score out of ten on how important the issue really is.

‘Is that helpful thinking?’ Sometimes kids’ thinking is so out of whack with reality that they become anxious about minor things. Thinking things such as, ‘Everyone must like me,’ ‘I must never make a mistake’ and ‘Bad things always happen to me’ are extreme and need to be replaced by more moderate, realistic thoughts, such as, ‘It would be nice if everyone liked me but not everyone will. It’s important to have some good friends.’

Robyn Willey



Crunch&Sip®	
What foods can I pack for Crunch&Sip®?	
<p>The Crunch&Sip® break is a time to introduce children to raw vegetables and fruit and encourage the water drinking habit. Fresh vegetables and fruit are the best choice. Please only send foods with a tick:</p> <p>✓ Allowed</p> <p>Vegetables</p> <ul style="list-style-type: none">✓ All fresh vegetables (eg celery, carrot sticks, broccoli bits etc.) <p>Fruit</p> <ul style="list-style-type: none">✓ All fresh fruit (eg whole fruits, chopped melon etc.)✓ Fruit canned in water, juice or ‘no added sugar’ (eg peach slices)✓ Dried fruit - please limit as it contains concentrated sugar and tends to cling to teeth, increasing risk of tooth decay <p>Water</p> <ul style="list-style-type: none">✓ Only plain water	<p>✗ Not Allowed</p> <p>Drinks</p> <ul style="list-style-type: none">✗ Any drinks other than plain water including fruit or vegetable juice, fruit juice drink, fruit cordial, mineral waters, carbonated water <p>All other foods not permitted include:</p> <ul style="list-style-type: none">✗ Dips, including those that are vegetable based✗ ‘Fruit’ products (eg fruit leather, fruit roll-ups, fruit bars or similar)✗ Fruit jams, jellies, pies and cakes✗ Fruit canned in syrup or jelly or with artificial sweeteners✗ Canned or processed vegetables✗ Vegetable or potato crisps, hot potato chips✗ Vegetable pastries (pies, pasties, sausage rolls)✗ Vegetable cakes, fritters, quiches, breads or similar✗ Popcorn

P&C News

A P&C Meeting will be held on Monday 13th March commencing at 12:30pm in Room 3. We encourage all previous members and interested parents to attend. We will be discussing fundraising ideas for 2017, as well as our swimming carnival fundraiser and Nature Play. We look forward to seeing you there!

Term Dates for 2017

School Development Days & Public Holidays

Term 1: Wednesday February 1 - Friday, April 7

SDD Monday, January 30

SDD Tuesday, January 31

PH Monday March 6 Labour Day

SDD Friday, March 10 (Woolorama)

Term 2: Wednesday April 26 - Friday June 30

SDD Monday April 24

PH Tuesday April 25 ANZAC Day

PH Monday June 5 WA Day

Term 3: Monday July 17 - Friday Sept 22

SDD Monday August 21

Term 4: Monday October 9 - Thursday Dec 14

There is NO School Development Day

In Term 4

Whole School Assemblies 2017

Assemblies are held on Mondays
starting at 1.50pm

Family & Friends Welcome!

Term 1

Week 7: March 13 - Year 3 Moffatt
(School Council announced)

Week 10: April 3 - Year 1 Little

Canteen Roster

Please attend by 9am. Children are not allowed in the canteen, due to insurance requirements.

Any queries; ring the canteen on 9861 1348.

Thankyou for your time and support.



Term 1

Thursday, March 9

Sarah Whiteford

Friday, March 10

Woolorama SDD

Monday, March 13

Sandra Moffatt

Tuesday, March 14

Anette Quartermaine

Wednesday, March 15

Caz Tulley

Thursday, March 16

Narelle Gibbs

Friday, March 17

Melanie English

Monday, March 20

Jenny Cumming

Tuesday, March 21

Leonie Tulley

Wednesday, March 22

Rachel Martin

-COMMUNITY NOTES-

Wagin Baptist Church YOUTH GROUP

Come for a night of fun games and activities.

Friday 17th March 7:30pm to 9:30pm

Wagin Baptist Church Hall - 7 Upland Street

\$2 Supper provided

Years 7 - 10 (High School only)

Enquiries to Lindsay Johnson 0429 611 770

PLEASE NOTE:

Jen will be at the school to collect fundraising money tomorrow (Thursday March 9th).

Leukaemia Foundation
WORLD'S GREATEST SHAVE

OVER TO YOU TO HELP BEAT BLOOD CANCER

Help Lifeguard Jen shave her head!

Will your **CLASS** be the one to raise the most money?
The **CHALLENGE** is on: The class to raise the most money by Swim Carnival time will win Jen's time as a minion!

Examples: Bake cupcakes? An afternoon in the class to help? An hour free swim at the pool? Or...?!?
Then come see it happen at Woolorama, Friday 10th March. Noon at the Shearing Shed!

SUPPORTED BY WDHS Pa C
1800 500 088 worldsgreatestshave.com #worldsgreatestshave

Junior Football

The Wagin Football Club is seeking C Grade (14-17 years of age) player numbers for the 2017 season. We are also seeking a C Grade coach for 2017. Any interest persons please Contact Ross on 0438 812 049.



Friday Night Rollerblading

When: 10th February, 10th March AND 31st March!!

Time: 6:00pm – 8:00pm
Age: parents, children, siblings, grandparents. Bring everyone!!

Cost: \$6.90 Junior (under 18), \$8.00 Senior (over 18), \$2.00 Blade Hire

If you have any questions, please contact the KLC on 9821 4399.

Born to Move
Starting again February 10th !!

Applications now Open and Close March 31st 2017.

12 months in a foreign country attending school with board and accommodation provided by host families is offered by Rotary International District 9465.

To be eligible, students must be over 15 and less than or just turned 18 years of age at the time of departure in January 2018. It is available for all young West Australian students and not just for those with a Rotary connection.

This is an education and cultural exchange and each student's principal purpose is to act as a "Youth Ambassador" for Australia. Anticipated countries of exchange may vary each exchange year but could include Germany, Hungary, Brazil, Switzerland, Denmark, Japan, France, Italy, Belgium, Slovakia, Mexico, Iceland, Spain.

Students gain firsthand experience of different cultures and lifestyles and the opportunity to adapt to a new environment. At the same time, they inform their host community about the Australian way of life and help build the two key objectives of the program of better international understanding and goodwill.

Travel expenses are paid by the student's parents, an initial cost of approximately \$6500, although financial assistance is available for those who meet the District criteria.

Applications close on **31 March 2017** for exchanges which will commence in January 2018. They should be submitted to your local Rotary Club closest to your home or school and must be made to one club only. Those students at boarding school can apply through their home Rotary Club. More information can be found at <http://www.rotaryyouthexchange.org.au/> or check out the District 9465 Rotary Youth Exchange Facebook page. Our District Selection Interviews will be held on Sunday 4th June 2017.

Applicants are strongly encouraged to participate in the involvement of family and friends to act as host families for overseas inbound students as a reciprocal arrangement.

Please contact District Secretary **Linda Bilney** on 0427341022 Email: yepsec9465@gmail.com for an initial application form and brochure or to answer any queries *and to help with accessing your local Rotary Club*. Below in **Bold** is a list of clubs that have exchanged students in the last 3 years. Try these first.

Rotary Clubs of District 9465

ALBANY CITY	ALBANY PORT	APPLECROSS
ARMADALE	ASCOT	ATTADALE
BENTLEY-CURTIN	BOORAGOON	BOULDER
BRIDGETOWN	BUNBURY	BUNBURY-LESCHENAULT
BUSSELTON-GEOGRAPHE BAY	BYFORD & DISTRICTS	CANNING BRIDGE
CANNINGTON	COCKBURN	COLLIE
COMO	ESPERANCE	ESPERANCE BAY
FREMANTLE	GOSNELLS	HANNANS-KALGOORLIE
KALGOORLIE	KATANNING	
KENWICK	KOJONUP	KWINANA
MANDURAH	MANDURAH CITY	MANDURAH DISTRICTS
MANJIMUP	MARGARET RIVER	MELVILLE
MILLPOINT	MOUNT BARKER	NARROGIN
PALM BEACH	PINJARRA	ROCKINGHAM
ROSSMOYNE	SOUTH BUNBURY	SOUTHERN DISTRICTS
VICTORIA PARK	WAGIN	WILLETON