

Stephanie Alexander Kitchen Garden Program

In 2011 Wagin District High School was awarded a significant grant by the Stephanie Alexander Kitchen Garden Foundation to establish a productive fruit, herb and vegetable garden and to further equip ourselves for cooking with the students. The aim of the Kitchen Garden Program is to introduce students to a pleasurable food education, emphasising the benefits of fresh, seasonal produce. Students participate in the entire process of planting, tending, harvesting, preparing and sharing fresh and seasonal food that they have grown themselves. With this, students develop an appreciation of where their food comes from, and the hands-on nature of the experience equips them with lifelong skills to ensure they make healthy food choices. The Kitchen Garden Program is a whole school program, with students participating in regular lessons, with their classroom teacher or a specialist teacher. The Kitchen Garden Program also provides opportunities for integration with core curriculum as it offers infinite possibilities to reinforce literacy, numeracy, science, cultural studies and all aspects of environmental sustainability.