

WAGIN DISTRICT HIGH SCHOOL

Providing an empowering environment for life-long learning



Newsletter, 12 May 2021

HAPPY MOTHER'S DAY!

Happy Mother's Day to all our wonderful mums! We hope you had a relaxing day with your family.

BEING POSITIVE

This simple statement is far more powerful than any of us imagine.

Building positive relationships with our children and young people to support them to have a better experience at school is imperative. At Wagin District High we are well on the path to achieving this through our Positive Behaviour Support strategy and using EMUS, providing face to face and online counselling for students, having a school chaplain, using mentors, and working with families and children.

As the key adults in our children's and young people's world - parents, family members, teachers, sports coaches - we can make a huge impact on their lives. How we react to situations, the comments we make and behaviours we display greatly influence how our children and young people react and behave. It is important we are mindful of ourselves and how we interact and react to daily life. Showing gratitude so we are able to appreciate good outcomes and having a state of mindfulness - being aware of the present with purpose and without judgement are two very strong indicators of strong health and wellbeing. If we as adults in our children and young people's lives can demonstrate gratitude and mindfulness imagine the amazing impact we can have. If you do a search for gratitude or mindfulness you will find many articles, books, apps or sites you can investigate. Give it a go, it's fascinating!

SCREEN TIME

Many of you would be aware of limiting your child's screen time. The recommendations of **no more than 2 hours per day** and **no TV**, **internet or phones in bedrooms** have been shared for several years. There are countless articles about the damaging effects too much screen time has on brain development in young children and mental health in older children.

There are many positive aspects of using electronic devices to learn, socialise, be entertained and to seek support. The important factors to keep in mind are;

- · What is your child accessing? and
- How much screen time do they have?

While screen time can be a part of having well balanced health and wellbeing, we must also remember that relationships, conversations, laughter, fun and exercise, listening to each other are also vital. Try:

- going for a walk without a phone and ear buds;
- sharing a meal without phones/iPads or the TV;
- talking to each on the drive to Narrogin or Katanning; or
- starting a gratitude journal as a family.

Have a great fortnight!

Kind regards Tracy Pickering Principal Tracy.Pickering@education.wa.edu.au





Careers Dress Up Day

We are having a Careers Dress Up Day on **Monday**, **17 May**. We look forward to seeing what our students possible future careers might be! <u>Flyer</u>



Book Fair

Discover a galaxy of books when Book Fair blasts into outer space next **Tues**, **18 May - Thurs 27 May** (not Fri 21st). Pop into the library before school, during lunch or after school until 3.45pm on those days and check out the new titles and novelties on



Yr 3 Assembly

Ms Bennett's Year 3's presented a story called 'Mad Magpie' by Gregg Dreise. The Year 3's loved the story and really enjoyed completing a book study on it; so much so that they wanted to share it with everyone else at their assembly. This story is for anyone who has ever been picked on. It reminds us to stay calm like

the surface of water, yet strong like its current. And know that there is a song out there for you.

Photos



Certificate Recipients

Congratulations to the following students who received Merit Certificates at our last Whole School Assembly on Friday, 7 May 2021. Merit Certificates

PP/1 - Dylan and Harriet

- Year 1/2 Christina and Ari
- Year 2/3 Ariah and Harvey
- Year 3 Shaniqua, Olivia and Daniel
- Year 4 Blaze and Nathan
- Year 5 Tom and Chelsea
- Year 6 Cruz and Mackirra, Yorick
- Year 7 Harley
- Year 8 Sienna and Pheghan
- Year 9 J-Jay
- Year 10 Keira and Tepora

Primary Sport - Mason, Lizzy, Flinn and Robbie Art - Byron and Joshua



EMUS Awards

Congratulations to these students who have received a prize for their efforts to "Aim High". ENGAGED - Charlotte Alessi. MANNERS - Lizzy Scanlon. UNDERSTANDING - Harley Te Hau. STRIVE - Douglas Banks. The EMUS card count at the Whole School Assembly on Friday, 7 May was:

ENGAGED - 267 MANNERS - 156 UNDERSTANDING - 90 STRIVE - 260



Walk Safely to School Day

This Friday is **National Walk Safely to School Day**. Student Councillors would like to encourage all parents and carers to walk safely to school with their children and reinforce safe pedestrian behaviour as well as the health benefits of walking. We will be promoting healthy eating by putting on fruit, Vitawheat cereal and toast at

Breakfast Club.



Workplace Learning

Having a Workplace Learning student allows us to not only introduce new skills to the next generation but also gives us the opportunity to invest further into the building industry by opening new doors for potential future apprenticeships. - **Ryan Scardetta**

Our Year 10's have had a stimulating and rewarding start to the term in their respective workplaces. A big thank you to the host employers: RJ & CA Scardetta Carpentry & Construction, Swags N Wags, Byfields, Magic Touch Hair, Wagin Mechanical, Wagin Shire, Wagin Co-op and Wagin CRC.

Wagin Shire - Tepora has shown herself to be an excellent colleague, she works well with all members of staff and is willing to learn new things. Tepora has worked in the shire office every Tuesday morning and the Library on Tuesday afternoons and has always been on time, keen to learn in both workplaces and friendly with the staff and customers alike.

She has accepted every challenge put her way and done her very best in all situations we have placed her in. Her first day may have been daunting at the time, but her enthusiasm to do her best is shining through and because of that we have been confident in giving her more challenges every week.

Any future employer would be lucky to have Tepora working with them. - Donna George





National Simultaneous Storytime 'Give me some space!' by Philip Bunting is this year's National Simultaneous Storytime book that we will be listening to on Wednesday, 19 May.



NAPLAN

NAPLAN is underway! The National Assessment Program – Literacy and Numeracy is being held between 11 and 21 May for Years 3, 5, 7, 9. Please ensure that your child is present for the testing period. Information



Voluntary Charges and Contributions

A big thank you to those parents who have paid their Voluntary Charges and Contributions. **Congratulations** to Jordan Finlayson and Ria lles in the primary and Deizel Barlow and Jared Anthony in the secondary on winning the \$50 canteen vouchers!



World of Maths

World of Maths will be visiting on **Monday**, **24 May**, to deliver problem solving workshops for Kindy - Yr 10 students. The sessions present practical situations to help motivate students to solve real-life mathematical problems in a fun & engaging way. Don't forget to return your <u>permission note</u>!



Cross Country

We will be running our Cross Country on **Tuesday**, **1 June**. Stay tuned for more information.



Take pride in your school!

Parents are requested to send their children to school in uniform. Our dress code has been developed with input from parents, students and staff. The wearing of a uniform assists in the development of children's pride in their school, gives them a sense of belonging & adds to the tone of the school.

Event Quick View

Fri 14th May National Walk Safely to School Day

Mon 17th Mayto Fri 21st May NAPLAN Mon 17th May

Careers Dress Up Day

Tue 18th Mayto Fri 21st May Book Fair

Wed 19th May

National Simultaneous Storytime

Fri 21st May

Assembly - Year 5/Ball-Kilpatirck

Mon 24th Mayto Thu 27th May

Book Fair

Wed 26th Mayto Thu 27th May Hockey Incursion

Mon 31st May

Hockey Incursion

Tue 1st June

Cross Country

Wed 2nd June

Hockey Incursion

Fri 4th June

Assembly - Year 6/Ward-Evans

Mon 7th June

Western Australia Day - Public Holiday Click here to go to our Events Calendar

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